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## MARCH NASSCED Newsletter

NASSCED &lt;sandygingerlv@gmail.com&gt;

Wed, Mar 20, 2013 at 12:33 AM

Reply-To: NASSCED &lt;sandygingerlv@gmail.com&gt;

To: Lou &lt;lmiller@njasc.org&gt;

NASSCED March Newsletter

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### Upcoming Events:

- *June 22-24, 2013:*  
NASC Conference, Las Vegas, Nevada
- *June 22, 2013:*  
NASSCED Meeting, Las Vegas, Nevada
- *Dec 4-6, 2013:*  
NASSCED Winter Meeting, Austin, Texas

Tech Tip: [signupgenius.com](http://signupgenius.com)

We are having a service day in April and need people to bring items for the military packages we are making so we used sign up genius. You just indicate what you need and now many of each, then send out the

### Training Student Staff

*Whether it is a staff retreat or a webinar, gathering your staff provides you the opportunity to fill their leadership tool chest with some solid activities and strategies. In addition to familiarizing your student staff with the schedule & details of your camp/conference/workshop, it is essential that they understand the expectations you have of them and the philosophy of your program. This issue address these basic premises and has some great activities you can use for your next training!*

### Kansas Student Council Leadership Workshop Junior Councilor's Training and Expectations



Each individual council is lead by a senior counselor, a teacher/sponsor from Kansas High Schools with over 250 combined years of experience and a junior councilor, a former delegate that just graduated from a Kansas high school. We have always brought the entire staff of 40 or

link. Great for pot lucks too.  
:)

### **Essential to small groups –**

A GOOD circle!

In a good circle each person has a clear line of sight with everyone in the circle (no “eggs” or ellipses!)

#### **BEFORE an activity**

**Describe** the activity (or at least the essentials you need to start)

**Demonstrate** with your partner or a delegate or “fishbowl” with a smaller group

**Ask Q’s** to be sure everyone understands

**Do!** Remember that it is OK to stop to clarify, make adaptations, or re-explain. Have fun!

#### **AFTER: Observations & Processing**

*They are just games until you talk about them!*

Did you notice..?

Why did that happen?

Is that true in school? Life?

Why? How come?

What will you do next time?

so in 2-days early for teambuilding activities and orientation. Throughout the week, the bonds these student leaders develop are life changing and lasting.

The initial meeting is the most critical and important as we go over the hard-fast rules that all JCs MUST follow to have a wonderful week:

- It’s NOT all about you! It’s about THEM!! - #1 Rule
- The same rules that apply to the delegates apply to you in regards to phones, dress code, tardiness, food, etc.
- YOU are very visible. Someone out of the 303 delegates is watching you at all times, so use good judgment.
- Sit WITH your councils at all times - take notes especially on JC’s Gifts and during General Sessions. Don’t sit together, (exception at meals)
- Keep your hat on at all times so SC Staff can locate you. Plan your decorations accordingly, so you can wear your hat.
- Maintain a proper distance from delegates, you are Staff now!
- Always have your book and pen out and model...model...model.
- Stay awake and alert - get your sleep at night.
- Floor checks AND bed checks MUST be done and taken seriously.
- Be prepared to handle processing questions at any time when SC asks you to take over a council meeting - “Always Be Prepared”
- You are Staff, so if you see a rule infraction, or someone about to break a rule, address it and be assertive. If you cannot handle it notify Assistant Director, me, or your SC.
- Make sure your SC knows exactly where you are at all times during workshop.



The teambuilding activities are usually different each year, however, we have a few “stand-buys” that we seem to always hit:

#### Clocks:

- Put your group into two equal circles. Give each student a number. Then have the students hold hands. The advisor stand in the between the two circles and hold up a scarf in each hand. Call out a number. The students will need to rotate either direction without letting go of their hands to get that number next to the advisor. When that number is next to the advisor, they can let go of their teams hand and grab the scarf out of the advisor’s hand. Whichever team gets the scarf first gets the point. Play to as many points as you would like. The first team to reach that goal wins.

**Equipment:** 2 scarves or bandannas

#### Trolley:

- Split your group into equal teams. Hand out a round ball to each person on the team minus one (ex: 6 team members 5 round balls). Have the students hold the ball on their chest and lean against the person in front of them. The first person in line will not have a ball. They must hold the ball against their chest and the person’s back that is in front of them. They may not touch the ball with their arms or hands. They cannot squeeze each other with their arms. As a team they must walk to the goal line and back without dropping their ball. If a ball is dropped or a team

member touches a ball illegally the team must start over. Variations: Have the teams go around cones, go over something, or under something.

**Equipment:** enough round balls for everyone in your council

#### **Team Juggle:**

- Have your council get into a circle. Hand one tennis ball to one person in the group. Have them call out a person's name and toss them the ball. That person will do the same. Keep this up until everyone in the group has had a chance to toss and catch the tennis ball. Then toss it back to the person who started the game. They may not pass the ball to the person right next to them and they may not pass the ball to the same person twice. After they have all tossed the ball have them do it again so they know their pattern. Then add a second ball, then a third, then a fourth. Keep adding tennis balls until they are out of control.

**Equipment:** Tennis balls

#### **Tracks:**

- Get the council into teams. Each team should have the same number of players. The team should get in a straight line. Each team will have 3 tracks. The first person stands with the track in their hands. They will put one ball on their track. The second person and third person will add their tracks on to the first person's track. They pass the ball from one track to the other tracks. When the ball leaves your track you take your track back to your line and hand it off to the next person in line. That person will run to the front of the line and get the ball from the previous track. When the ball gets into the end of the designated zone they need to drop it into a tire or hoop. If the ball touches the ground that ball needs to go back to the beginning and start over. The team is done with

all the balls are in the tire or hoop.

**Equipment:** 3 Tracks (cut PVC pipe) for each team, different size balls (tennis balls to soccer balls), 1 hoop to start in and one hoop or tire to end with.

#### **Crossing the Amazon:**

- Split the team into two groups. Have the groups start on one mat. In front of the mat should be a stack of 4 tires. There should be another mat at some distance in front of them. The object is to get your team from one mat to the other mat without touching the ground. You may use the tires in any way that you want but you may not touch the ground with any part of your body. If any member of your team touches the ground anytime during the game the whole team has to start over. At the end of the game the whole team should be on the opposite mat with all 4 tires stacked up at the same mat.

**Equipment:** 2 mats for each team, 4 tires for each team

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## **Ten Tips When Facilitating Discussion**

Adapted by Sara Nilles, OASC

During an active meeting, you want lots of group discussion. Your role is to facilitate the flow of comments from participants. Although it is not necessary to interject your comments after each participant speaks, periodically assisting the group with their contributions can be helpful. Here is a ten point facilitation menu to use as you lead group discussions.

1. Paraphrase. Paraphrase what a participant has said so that he or she feels understood and so that the other participants can hear a concise summary of what has

been said. Say something like:

*"So, what you're saying is that we need to go slowly in changing tradition."*

2. Check for Meaning. Check for understanding of a participant's statement or ask the participant to clarify what he or she is saying.

*"Are you saying that this plan is not realistic? I'm not sure that I understand exactly what you mean."*

3. Give Positive Feedback. Compliment an interesting or insightful comment.

*"That's a good point, I'm glad that you brought that to our attention."*

4. Expand. Elaborate on a participant's contribution to the discussion with examples, or suggest a new way to view the problem.

*"Your comments provide an interesting point from the student's perspective. It could also be useful to consider how an administrator would view the same situation."*

5. Increase the Pace. Energize a discussion by quickening the pace, using humor, or, if necessary, prodding the group for more contributions.

*"Oh my, we have lots of tired people at this meeting! Here's a challenge for you. For the next two minutes, let's see how many ways you can think of to increase participation at events."*

6. Devil's Advocate. Disagree (gently) with a participant's comments to stimulate further discussion.

*"I can see where you are coming from, but I'm not sure that what you are describing is always the case. Has anyone else had an experience that is different from Amy's?"*

7. Relieve Tension. Mediate differences of opinion between participants and relieve any tensions that may be brewing.

*"I think that Jose and Matt are not really disagreeing with each other but are just bringing out two different sides of this issue."*

8. Consolidate. Pull together ideas, showing their relationship to each other.

*"As you can see from Patricia's and Emma's comments, personal goal setting is very much a part of time management. You need to be able to establish goals for yourself on a daily basis in order to more effectively manage your time."*

9. Change the Process. Alter the method of obtaining participation or by having the group evaluate ideas that you have been presented.

*"Let's break into smaller groups and see if you can come up with additional pros and cons and/or ideas for the recognition assembly next month that was discussed this morning."*

10. Summarize. Summarize (and record, if desired) the major views of the group. *"I have noted four major reasons that have come from our discussion as to why leaders do not delegate: (1) lack of confidence, ..."*

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### **Guest Author: Scott Greenberg**

#### **Boosting Involvement Through "Social Proof"**

I'll never forget my first junior high dance. Loud music, flashing lights and 300 kids standing around the perimeter of the multi-purpose room, nervously staring at the empty dance floor. That is, until the DJ played "Should I Stay or Should I Go" by The Clash. This was my friend, Denise Evans' favorite song. Unable to contain herself, she took my hand and said "Come on, Scott. Let's dance."

She dragged me onto the dance floor in front of the entire school. Fortunately, I never had a chance to be

self-conscious. By the time the song reached its first chorus, the rest of the school had joined us on the floor.

Denise instinctively understood the concept of “Social Proof.” When people are unsure of what’s socially acceptable, they hold back and observe others, waiting to see what kind of behavior is OK. Once someone (a leader) takes that first risk and demonstrates the behavior is safe, others (followers) join and conform.

That’s why no one wants to be the first on the dance floor, the first to raise their hand or the first to befriend that lonely student in the cafeteria. They’re not sure if it’s OK, and are waiting for social cues to direct them.

The good news is that leaders can deliberately use social proof to influence others. By planting “volunteers” in the pep assembly crowd, student council can communicate that volunteering is OK. Teachers can plant questions among a few students so others will feel more comfortable raising their hand. Consider all the socially ambiguous situations where teens hesitate. By arranging for the leaders of their peer group (who may not be in student council) to go first, there’s a greater chance others will follow.

So next time you wonder, should you stay or should you go, look to leaders like Denise Evans to establish the social proof and help you answer the question.

[Motivational Youth Speaker](#) Scott Greenberg presents school assemblies, conference keynotes and workshops on leadership, resilience and peak performance. For more information, email him at [scott@scottgreenberg.com](mailto:scott@scottgreenberg.com).

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## **NASSCED Mid-Winter Board Meeting**

Key Bridge Marriott - Washington, DC

March 16, 2013

If you have any questions regarding any items please contact your region Board member. The minutes for the meeting have been posted to our website with more details.

NASSCED Website: <http://www.nassced.org/minutes/index.html>

-Board Members Present: Lou Miller, Region 2; Lola Richbourg, Region 3; Michelle McGrath, Region 4; Gary Clark, Region 5; Sandy Ginger, Region 7; Mike Roland, Region 8; Ann Postlewaite, NASC; Jeff Sherrill, NASC; Les Anderson, Treasurer. Absent: Paul Branagan, Region 1 and Dan Dodge, Region 6

-We had revenue of \$10,970.00 and expenses of \$11,143.76 with a checking account balance of \$32,299.93.

-Virginia, Hawaii, Ohio and Kentucky are not represented with membership dues.

-We are waiting for NASC to determine their contributions before we present a purposed budget for your consideration.

-Executive Directors will be asked to wear their executive director shirts on the first day of the conference in Las Vegas. Some directors prefer to wear a state shirt.

-Retiring executive directors: Peter Cahn-CA

-New directors: Traci Spain-TN and Tiffany Frias-HI

-2013 NASSCED Winter Meeting site: Austin, Texas, hosted by Terry Hamm. (Please check the minutes for details of this activity.)

-We don't have a bid for the 2014 winter meeting. Please check the minutes for details.

-The Board approved State Presidents T-shirts for the 2013 NASC Conference.

-The executive directors are encouraged to help with the adviser "Round Tables." If members are interested in presenting at the NASC conference they need to contact Maris Aldrich. [maldrich@mcn.net](mailto:maldrich@mcn.net)

Lead Conferences:

- Denver, CO, November 8-10, 2013
- Washington, DC, January 31 to February 2, 2014
- Chicago, February 14-16, 2014

Strategic Plan:

- Values: Collaboration, Knowledge/Resources, Leadership Development & Relationships
- Purpose: The NASSCED is dedicated to the professional development of its members by providing resources and opportunities for collaboration while fostering collegial relationships.
- NASC indicated an interest in providing opportunities for college credit for attendees of the national conference.

Les Anderson, Treasurer

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### Ginger Snaps: [woot.com](http://woot.com)

I LOVE Woot!! They specialize in "bringing you cool stuff cheap" I love the culture & sense of humor of the Woot staff and they have wonderful shirts at [Shirt.Woot.com](http://Shirt.Woot.com) {*Procrastination University: Training Tomorrow's Leaders Tomorrow... or maybe the day after*}

About once a month they have a "Woot Off" when they sale lots of items at an even bigger discount!

I have purchased cool Student Council things on Woot: Motorola Headsets for our online meetings (\$1) huge Dr. Seuss Floor Puzzle (\$5), Bendaroos - flexible building sticks (\$5) Not to mention the flying screaming Woot monkey!!

And everything you buy in the same day ships for \$5 total. Buy a weight bench, flat screen TV & a snow board - total shipping cost = \$5.

Check it out - even if you don't buy something, reading the T-shirt description will make you smile!

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*Coming next month - Recognition (for members, officers, councils, volunteers, etc.)*

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