

# May 2011 NASSCED Monthly Newsletter

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To: NASSCED Membership <members@nassced.org>

*Hello everyone - below is the May newsletter written by **Michelle McGrath** of Wisconsin. Enjoy...*



Dear NASSCED Members,

***“Your mess is your message.” Jeff Myers***

Welcome to the month of May, featuring the “NASSCED Guide to the Star Leaders Conference”. As a member of the NASSCED Board, as crazy as it may sound, this quote truly exemplifies the foundation of our goals. Jeff Myers shares this timely message so eloquently in his book *“Handoff – The Only Way to Win the Race of Life”!* Whether we are sharing as directors, colleagues, and to those we serve in our own states, our message needs to be about persistence, not perfection. We are all on a journey that on most days we quite don't understand, often filled with challenges, hurdles, and heartbreak. We assume we can't use our lives as an example for those to whom “we are passing the baton”. So if you've let yourself get sidetracked in the pursuit of your dreams, tell the story. If you gave up your dream for a time to accomplish an honorable task or a not so honorable task, talk about the character you developed in the process. Share your mistakes and the lessons you've learned and keep making more. Communication and imparting wisdom is key. Passing the baton to the next generation is inevitable. Either we pass it purposefully or we fling it from our casket before they lower us into the ground.

So with an abundance of enthusiasm I want to thank Terri Johnson from Missouri for sharing her “messes” with us this month with a phenomenal list of things to do in St. Louis at the upcoming Star Leaders Conference, pitfalls to avoid, and facts to help guide you and your group!

**Terri Johnson** - [[mascducks@gmail.com](mailto:mascducks@gmail.com)]

Very important...tell them to check out the STL vacation website - coupons and great info are available!  
<https://www.druryhotels.com/content/stlvacationsavings.aspx>

There are many sites like this where they can get coupons for stuff.

## INFO REGARDING ST LOUIS

### TRANSPORTATION:

- When you arrive at airport, it is easy to take the Metro to the hotel and downtown STL. Check out: <http://www.metrostlouis.org/Default.aspx>
- Taxis and Shuttles are available – could be very costly to get to hotel
- Rental cars – Available at airport. See additional info sent out by Lou if planning to rent larger vans.

### GREAT ATTRACTIONS:

- Gateway Arch – a must see. Within walking distance of the hotel. Their website is <http://www.gatewayarch.com/Arch/> Great info on their website – group rates available!
- St Louis Cardinals – games every night! Within walking distance of hotel. Their website is [http://stlouis.cardinals.mlb.com/index.jsp?c\\_id=stl](http://stlouis.cardinals.mlb.com/index.jsp?c_id=stl)
- City Museum – a must see – not your typical “museum” Teens love this place. Hands on, experiential place. Within walking distance, group rates available, but you must call ahead to make the arrangements. Their website is <http://www.citymuseum.org/home.asp>
- Union Station – Ride the Metro to get to this attraction. Places to shop and eat here. Historical and worth seeing. Go to the website for many coupons for the attractions – including food - at <http://www.stlouisunionstation.com>
- Forest Park – Ride the Metro to this area. Includes: St Louis Zoo, World’s Fair Pavilion, Science Center, The Muny Outdoor Theater, Art and History Museum. It is an outdoor experience – bike trails, picnic areas, handball, tennis courts, walking trails. Their website is <http://stlouis.missouri.org/citygov//parks/forestpark/>
- The Zoo is FREE, although some attractions have a small fee. The Muny Outdoor Theater has free seats available each night on a first come, first serve basis. Shows are listed on the website along with ticket prices.
- Science Center is incredible place. Check out the website for special features and IMAX showtimes.
- Grant’s Farm – This is the ancestral home of the Busch family and home to over 900 animals. The admission is free, however, there is a fee for parking. See the world famous Clydesdale horses and take your picture! Their website is <http://www.grantsfarm.com/default.htm>
- Anheuser-Busch Brewery Tours – Yes, this is an educational experience. Very interesting place and it is FREE! Their website is <http://www.budweisertours.com/toursSTL.htm>
- Magic House - <http://www.magichouse.org>. Very awesome place. You would need transportation to get to this site, but worth the trip! Admission fees and group info are listed on the website.
- Old Courthouse – Site of the Dred Scott case. Within walking distance and fantastic site to see. Their website is <http://www.slfp.com/OldCourthouse.html> - Go to Vacation Savings on this site for some valuable coupons.
- Old Cathedral – on the ground of the Arch – within walking distance of the Arch, Courthouse. Oldest Cathedral west of the Mississippi. Absolutely beautiful! Their website is <http://www.psichurch.com/churches/140stlouis/history.html>
- River Boat Cruises - <http://www.gatewayarch.com/Arch/info/act.riverboat.summer.aspx> - Cruises available with different boats – hour long to dinner cruises. If the river is high or flooded, these will be cancelled.
- Six Flags – YES, they would love for us to come and visit the amusement park. Group rates are available. Quite a distance from downtown, but loads of fun for everyone! Their website is <http://www.sixflags.com/stLouis/index.aspx>

### GREAT FOOD:

- Ted Drew’s Frozen Custard – St Louis is famous for this!
- The Hill – Italian food! Oh Mama Mia! Delicious!
- Gus’s Pretzel – These are the best in the world!

- Crown Candy – One of the oldest soda fountains in the US. Take a step back in time and enjoy!
- Charlie Gitto's - This is my favorite place to eat in STL. There are several locations, but one right downtown and within walking distance of the hotel. It will be packed! Walls are covered with 8 X 10's of famous people! Great food and fun atmosphere!

**Dates to Remember:**

- NASC/NHS/NJHS Star Leaders Conference - June 25 to 27, 2011
- NASSCED Summer Board & Membership Meetings - June 25, 2011
- NASSCED Winter Board Meeting - November 30, 2011
- NASSCED Winter Membership Meeting - December 1 to 2, 2011

Thank you again for ALL you do for student leadership in our nation! I look forward to our journey together this upcoming year. In June we will highlight marketing and public relations for associations. We have SO much to learn from each other!

On Behalf of the NASSCED Board,

Michelle

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