

# SHAPES

## **Squiggles:**

High energy individual who is spontaneous in nature and relies on working with people. Comfortable being in the spotlight, enjoys freedom rather than structure. “I see life as a big game or party and I want to make sure that I can take in as much excitement as possible.”

(Huge increase in this group – 3 to 1 to the other groups)

## **Hearts:**

Internal processor who thinks more with his or her emotions and relies on creativity. Comfortable in the helping role, prefers to be passive in order to avoid conflict. “I seek sincere people and value unity and integrity in my relationships.”

(The group has held steady but there is a shift in there drawings – more buses)

## **Cubes:**

Very analytical through the form of asking questions and using critical thinking skills. Comfortable with the abstract and exploring, prefers thinking over emotions. “When I look at problems, I don’t see black and white answers, only endless possibilities.”

(This group has shown a steady increase over the past 3 years)

## **Squares:**

Enjoys structure and planned activities. Adheres to rules and pays attention to detail. Comfortable with tradition and relies on a consistency rather than change. “It is important to me to be punctual. I am often motivated by feelings of guilt or what ‘should be.’”

(This group has made a huge decline in the past 3 years.)

# COLORS

Needed: 4 white poster boards with Red, Blue, Green, and Yellow printed on them in black – one color per poster board. *Do Not Use Colors!*

Have each person select a color that best represents them. Divide the groups according to color choice.

*Traditionally: Squiggles will be RED; Hearts will be GREEN (sometimes blue); Cubes will be YELLOW and Squares will be BLUE.*

Give the group a little information about each color choice – very little information maybe just one thing from the Leadership Style page but inform them that now they are going to learn a lot more about themselves.

After – you have divided the group by colors – Do the LEADERSHIP STYLE Exercise.

Where all of this gets interesting is when they pick an object that is not the “Traditional” pick.

Example 1:

I might pick RED as my color but SQUARE as my Leadership style. Why would this happen: Maybe they are Stress under pressure to get things done – their plates are full – They would like to be structures and planned but because of all of these external things they go RED – fast and furious.

In relationship if one is RED (Squiggles) and the other is Blue (Square) it could prove to be very interesting. (Purple combination is – almost bi-polar.)

Example 2:

I might pick YELLOW as my colors but SQUARE as my Leadership style. Yellow like to think and question things around them while Squares like to organize – what really evolves is a GREEN – or HEART relationship to things – an INTERNAL PROCESSOR but does not have that emotion that a true HEART or GREEN person does.

In relationships they get along very well if one is a CUBE and the other is a SQUARE but they will go through some very deep ups and downs if they do not communicate – since they internalize.

Example 3:

I might pick RED as my color and CUBE as my Leadership style. This makes for an ORANGE combination – This makes for a very competitive person.

Obviously, there are a great number of combinations – but if you take the color chart and mix the colors and Leadership Styles – you can quickly learn individual LEADERSHIP qualities.